

Classes concernées

Activités Proposées

SEPTEMBRE

LUNDI	6	3^e		CROSS TRAINING
MARDI	7	6^e		FUTSAL
MERCREDI	8	5^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + AG UNSS
LUNDI	13	3^e		CROSS TRAINING
MARDI	14	6^e		FUTSAL
MERCREDI	15	5^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	20	3^e		CROSS TRAINING
MARDI	21	6^e		FUTSAL
MERCREDI	22	5^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	27	3^e		CROSS TRAINING
MARDI	28	6^e		FUTSAL
MERCREDI	29	5^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...

OCTOBRE

LUNDI	4	3^e		CROSS TRAINING
MARDI	5	6^e		FUTSAL
MERCREDI	6	5^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	11	3^e		CROSS TRAINING
MARDI	12	6^e		FUTSAL
MERCREDI	13	5^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	18	3^e		CROSS TRAINING
MARDI	19	4^e		FUTSAL
MERCREDI	20	6^e	5^e	SPORT COLLECTIF (futsal, handball, basket) + ...

NOVEMBRE

LUNDI	8	3^e		CROSS TRAINING
MARDI	9	4^e		FUTSAL
MERCREDI	10	6^e	5^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	15	3^e		CROSS TRAINING
MARDI	16	4^e		FUTSAL
MERCREDI	17	6^e	5^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	22	3^e		CROSS TRAINING
MARDI	23	4^e		FUTSAL
MERCREDI	24	6^e	5^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	29	3^e		CROSS TRAINING
MARDI	30	4^e		FUTSAL

DECEMBRE

MERCREDI	1	6^e	5^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	6	3^e		CROSS TRAINING
MARDI	7	4^e		FUTSAL
MERCREDI	8	6^e	5^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	13	3^e		CROSS TRAINING
MARDI	14	5^e		FUTSAL
MERCREDI	15	6^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...

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JANVIER				
LUNDI	3	3^e		CROSS TRAINING
MARDI	4	5^e		FUTSAL
MERCREDI	5	6^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	10	3^e		CROSS TRAINING
MARDI	11	5^e		FUTSAL
MERCREDI	12	6^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	17	3^e		CROSS TRAINING
MARDI	18	5^e		FUTSAL
MERCREDI	19	6^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	24	3^e		CROSS TRAINING
MARDI	25	5^e		FUTSAL
MERCREDI	26	6^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	31	3^e		CROSS TRAINING
FEVRIER				
MARDI	1	5^e		FUTSAL
MERCREDI	2	6^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	7	3^e		CROSS TRAINING
MARDI	8	6^e		FUTSAL
MERCREDI	9	5^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	28	3^e		CROSS TRAINING
MARS				
MARDI	1	6^e		FUTSAL
MERCREDI	2	5^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	7	3^e		CROSS TRAINING
MARDI	8	6^e		FUTSAL
MERCREDI	9	5^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	14	3^e		CROSS TRAINING
MARDI	15	6^e		FUTSAL
MERCREDI	16	5^e	3^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	21	3^e		CROSS TRAINING
MARDI	22	6^e		FUTSAL
MERCREDI	23	5^e	3^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI	28	3^e		CROSS TRAINING
MARDI	29	6^e		FUTSAL
MERCREDI	30	5^e	3^e	SPORT COLLECTIF (futsal, handball, basket) + ...

		Classes concernées		Activités Proposées
AVRIL				
LUNDI	4	3^e		CROSS TRAINING
MARDI	5	4^e		FUTSAL
MERCREDI	6	6^e	5^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI 11				
LUNDI	11	3^e		CROSS TRAINING
MARDI	12	4^e		FUTSAL
MERCREDI	13	6^e	5^e	SPORT COLLECTIF (futsal, handball, basket) + ...
MAI				
LUNDI	2	3^e		CROSS TRAINING
MARDI	3	4^e		PELOTE BASQUE
MERCREDI	4	6^e	5^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI 9				
LUNDI	9	3^e		CROSS TRAINING
MARDI	10	4^e		PELOTE BASQUE
MERCREDI	11	6^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI 16				
LUNDI	16	3^e		CROSS TRAINING
MARDI	17	4^e		PELOTE BASQUE
MERCREDI	18	6^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI 23				
LUNDI	23	3^e		CROSS TRAINING
MARDI	24	4^e		PELOTE BASQUE
MERCREDI	25	6^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI 30				
LUNDI	30	3^e		CROSS TRAINING
MARDI	31	5^e		PELOTE BASQUE
JUIN				
MERCREDI	1	3^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI 7				
LUNDI	7	3^e		CROSS TRAINING
MARDI	8	5^e		PELOTE BASQUE
MERCREDI	9	3^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI 13				
LUNDI	13	3^e		CROSS TRAINING
MARDI	14	5^e		PELOTE BASQUE
MERCREDI	15	3^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI 20				
LUNDI	20	3^e		CROSS TRAINING
MARDI	21	5^e		PELOTE BASQUE
MERCREDI	22	3^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...
LUNDI 27				
LUNDI	27	3^e		CROSS TRAINING
MARDI	28	5^e		PELOTE BASQUE
MERCREDI	29	3^e	4^e	SPORT COLLECTIF (futsal, handball, basket) + ...