

MENUS DE LA SEMAINE du 9 au 13 MAI 2022

Entrées au choix
Plat garni
salade
Produit Laitier
Dessert

LUNDI
Taboulé [Red X] [Green X] [Brown] [Blue] [Yellow]
Tomate au roquefort [Red X] [Green] [Brown X] [Blue] [Yellow]
Cordon bleu [Red X] [Green] [Brown] [Blue] [Yellow]
Poêlée campagnarde [Red] [Green X] [Brown X] [Blue] [Yellow]
Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Fromage [Red] [Green] [Brown] [Blue X] [Yellow]
Crêpe au sucre [Red] [Green] [Brown X] [Blue] [Yellow X]

MARDI - Végétarien
Salade végétale [Red] [Green X] [Brown] [Blue] [Yellow]
Concombre à la crème [Red] [Green X] [Brown] [Blue X] [Yellow]
Tomate farcie végété [Red] [Green X] [Brown] [Blue] [Yellow]
Riz [Red] [Green] [Brown X] [Blue] [Yellow]
Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Fromage [Red] [Green] [Brown] [Blue X] [Yellow]
Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]

JEUDI
Pâté en croûte à la volaille [Red X] [Green X] [Brown] [Blue] [Yellow]
Saucisson sec / beurre [Red X] [Green] [Brown] [Blue] [Yellow X]
Navarin d'agneau [Red X] [Green] [Brown] [Blue] [Yellow]
Pomme vapeur [Red] [Green] [Brown X] [Blue] [Yellow]
Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Fromage blanc [Red] [Green] [Brown] [Blue X] [Yellow]
Donuts au chocolat [Red] [Green] [Brown] [Blue] [Yellow X]

VENDREDI
Œuf dur mayonnaise [Red] [Green X] [Brown] [Blue] [Yellow X]
Gratin de poisson [Red] [Green X] [Brown] [Blue] [Yellow]
Semoule à l'indienne [Red] [Green] [Brown X] [Blue] [Yellow]
Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Fromage [Red] [Green] [Brown] [Blue X] [Yellow]
Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire