

MENUS DE LA SEMAINE du 8 au 12 janvier 2024

	LUNDI	MARDI	JEUDI- Végétarien	VENDREDI
Entrées au choix	Velouté de légumes [Red X] [Green X] [Blue X] [Yellow]	Concombres à la crème [Red] [Green X] [Blue X] [Yellow]	Œuf dur mayonnaise [Red X] [Green] [Blue] [Yellow X]	Feuilleté au fromage [Red] [Green X] [Blue X] [Yellow]
	[Red] [Green] [Blue] [Yellow]	[Red] [Green X] [Blue] [Yellow]	[Red] [Green X] [Blue] [Yellow]	[Red] [Green] [Blue] [Yellow]
Plat garni	Cordon bleu [Red X] [Green] [Blue] [Yellow]	Sauté de dinde sauce coco [Red X] [Green] [Blue] [Yellow]	Nuggets au fromage [Red] [Green X] [Blue X] [Yellow]	Filet de merlu sauce océane [Red X] [Green] [Blue] [Yellow]
	Courgettes gratinées [Red] [Green X] [Blue X] [Yellow]	Pâtes chinoise [Red] [Green X] [Blue] [Yellow]	Haricots verts [Red] [Green X] [Blue] [Yellow]	Pomme röstie [Red] [Green X] [Blue] [Yellow]
salade	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]
Produit Laitier	[Red] [Green] [Blue X] [Yellow X]	[Red] [Green] [Blue] [Yellow]	Yaourt nature sucré [Red] [Green] [Blue X] [Yellow]	[Red] [Green] [Blue] [Yellow]
Dessert	GALETTE DES ROIS [Red] [Green] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Blue] [Yellow]	Beignet chocolat noisette [Red] [Green] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Blue] [Yellow]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



La Principale

La Gestionnaire

Isabelle BÉGUÉ

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par la Principale et la Gestionnaire