

MENUS DE LA SEMAINE du 5 au 9 FEVRIER 2024

Entrées au choix

LUNDI- Végétarien
Champignon à la grecque [Red] [Green] [Brown] [Blue] [Yellow]
Macédoine mayonnaise [Red] [Green] [Brown] [Blue] [Yellow]

MARDI
Saucisson à l'ail [Red] [Green] [Brown] [Blue] [Yellow]

JEUDI
Terrine de campagne [Red] [Green] [Brown] [Blue] [Yellow]

VENDREDI
Croque-monsieur [Red] [Green] [Brown] [Blue] [Yellow]

Plat garni

Raviolis aux légumes BIO [Red] [Green] [Brown] [Blue] [Yellow]

Rôti de porc sauce au miel [Red] [Green] [Brown] [Blue] [Yellow]
Flageolets [Red] [Green] [Brown] [Blue] [Yellow]

Spaghettis bolognaise [Red] [Green] [Brown] [Blue] [Yellow]
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Gratin de poisson [Red] [Green] [Brown] [Blue] [Yellow]
Semoule [Red] [Green] [Brown] [Blue] [Yellow]

salade

Salade verte [Red] [Green] [Brown] [Blue] [Yellow]

Salade verte [Red] [Green] [Brown] [Blue] [Yellow]

Salade verte [Red] [Green] [Brown] [Blue] [Yellow]

Salade verte [Red] [Green] [Brown] [Blue] [Yellow]

Produit Laitier

Fromage [Red] [Green] [Brown] [Blue] [Yellow]
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Fromage [Red] [Green] [Brown] [Blue] [Yellow]
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Fromage [Red] [Green] [Brown] [Blue] [Yellow]
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Fromage [Red] [Green] [Brown] [Blue] [Yellow]
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Dessert

Frangipane [Red] [Green] [Brown] [Blue] [Yellow]

Yaourt nature sucré [Red] [Green] [Brown] [Blue] [Yellow]
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Crème vanille [Red] [Green] [Brown] [Blue] [Yellow]
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Fruit de saison [Red] [Green] [Brown] [Blue] [Yellow]
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[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



La Principale

La Gestionnaire

Isabelle BÉGUÉ

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par la Principale et la Gestionnaire