

MENUS DE LA SEMAINE du 22 au 26 janvier 2024

	LUNDI	MARDI - Végétarien	JEUDI	VENDREDI
Entrées au choix	Velouté de tomates/pâtes [Red] [Green] [Brown] [Blue] [Yellow]	Salade végétale [Red] [Green] [Brown] [Blue] [Yellow]	Duo de crudités [Red] [Green] [Blue] [Yellow]	Salade de chou blanc BIO [Red] [Green] [Blue] [Yellow]
Plat garni	Rösti burger [Red] [Green] [Brown] [Blue] [Yellow]	Feuilleté aux légumes [Red] [Green] [Brown] [Blue] [Yellow]	Sauté de porc au caramel [Red] [Green] [Blue] [Yellow]	Calamars à la romaine [Red] [Green] [Brown] [Blue] [Yellow]
salade	Salade verte [Red] [Green] [Blue] [Yellow]	Salade verte [Red] [Green] [Blue] [Yellow]	Salade verte [Red] [Green] [Blue] [Yellow]	Salade verte [Red] [Green] [Blue] [Yellow]
Produit Laitier	[Red] [Green] [Brown] [Blue] [Yellow]	[Red] [Green] [Brown] [Blue] [Yellow]	[Red] [Green] [Brown] [Blue] [Yellow]	[Red] [Green] [Brown] [Blue] [Yellow]
Dessert	Frangipane [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Yaourt aromatisé BIO [Red] [Green] [Brown] [Blue] [Yellow]	Cake aux fruits maison [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Fruit de saison [Red] [Green] [Brown] [Blue] [Yellow]

- [Red] VIANDE, POISSON, ŒUF (protéines)
- [Green] LEGUMES ET FRUITS (fibres)
- [Brown] CEREALES ET DERIVES (glucides)
- [Blue] PRODUITS LAITIERS
- [Yellow] MATIERES GRASSES (lipides)
- [Orange] SUCRES ET PRODUITS SUCRES



La Principale

La Gestionnaire

Isabelle BÉGUÉ

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par la Principale et la Gestionnaire