

MENUS DE LA SEMAINE du 15 au 19 janvier 2024

	LUNDI- Végétarien	MARDI	JEUDI	VENDREDI
Entrées au choix	Velouté de courgettes à la vache qui rit [Red X] [Green X] [Brown X] [Blue] [Yellow]	Terrine de campagne [Red X] [Green] [Brown] [Blue] [Yellow X]	Salade de thon mayonnaise [Red X] [Green] [Brown] [Blue] [Yellow X]	Croque-monsieur [Red X] [Green X] [Brown X] [Blue] [Yellow]
Plat garni	Crêpe au fromage [Red] [Green X] [Brown X] [Blue] [Yellow]	Hachis parmentier [Red X] [Green X] [Brown X] [Blue] [Yellow]	Paupiette de veau [Red X] [Green] [Brown] [Blue] [Yellow]	Poisson pané [Red X] [Green] [Brown] [Blue] [Yellow]
salade	Carottes à la crème [Red] [Green X] [Brown] [Blue X] [Yellow]	Frites [Red] [Green] [Brown] [Blue X] [Yellow X]	Chou-fleur béchamel [Red] [Green X] [Brown] [Blue X] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Produit Laitier	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Dessert	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Crème brûlée [Red] [Green] [Brown] [Blue X] [Yellow X]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]	Compote pomme/fraise [Red] [Green X] [Brown] [Blue] [Yellow X]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



La Principale

La Gestionnaire

Isabelle BÉGUÉ

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par la Principale et la Gestionnaire