

MENUS DE LA SEMAINE du 11 AU 15 DECEMBRE 2023

	LUNDI	MARDI - Végétarien	JEUDI	VENDREDI
Entrées au choix	Velouté de butternut [Red X] [Green X] [Brown X] [Blue] [Yellow]	Taboulé [Red] [Green X] [Brown X] [Blue] [Yellow]	Salade de chou blanc [Red] [Green X] [Brown] [Blue] [Yellow]	Feuilleté au fromage [Red] [Green] [Brown X] [Blue X] [Yellow]
Plat garni	Boule de bœuf à la tomate [Red X] [Green X] [Brown] [Blue] [Yellow]	Nuggets au fromage [Red] [Green X] [Brown X] [Blue] [Yellow]	Sauté de dinde sauce colombo [Red X] [Green] [Brown] [Blue] [Yellow]	Filet de merlu sauce beurre blanc [Red X] [Green] [Brown] [Blue] [Yellow X]
salade	Pâtes au beurre [Red] [Green X] [Brown] [Blue] [Yellow X]	Lentilles [Red] [Green X] [Brown] [Blue] [Yellow]	Frites [Red] [Green X] [Brown] [Blue] [Yellow X]	Riz à l'espagnol [Red] [Green X] [Brown] [Blue] [Yellow]
Produit Laitier	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Dessert	Fromage blanc sucré [Red] [Green] [Brown X] [Blue] [Yellow X]	Fromage [Red] [Green] [Brown] [Blue] [Yellow]	Fromage [Red] [Green] [Brown X] [Blue] [Yellow]	Fromage [Red] [Green] [Brown] [Blue] [Yellow]
		Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]		Compote de fraise [Red] [Green X] [Brown] [Blue] [Yellow X]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



La Principale

La Gestionnaire

Isabelle BÉGUÉ

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par la Principale et la Gestionnaire