

MENUS DE LA SEMAINE du 26 au 30 septembre 2016

	LUNDI	MARDI	JEUDI	VENDREDI
Entrées au choix	Velouté de volaille [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Saucisson sec [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Concombre à la crème <b>LOCAL BIO</b> [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Cake aux légumes maison [Red] [Green] [Brown] [Blue] [Yellow] [Orange]
	Champignons à la grecque [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Saucisson à l'ail [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Salade de chou blanc [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	
Plat garni	Spaghettis bolognaise [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Côte de porc sauce moutarde [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Bœuf bourguignon [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Poisson parmentier [Red] [Green] [Brown] [Blue] [Yellow] [Orange]
		Poêlée du soleil [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Riz créole [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	
salade	Salade verte [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Salade verte [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Salade verte [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Salade verte [Red] [Green] [Brown] [Blue] [Yellow] [Orange]
Produit laitier	Fromage [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Yaourt aux fruits [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Fromage [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Fromage [Red] [Green] [Brown] [Blue] [Yellow] [Orange]
Dessert	Compote biscuit [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Fruit de saison [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Chou à la crème maison [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Fruits [Red] [Green] [Brown] [Blue] [Yellow] [Orange]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER  
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire