

MENUS DE LA SEMAINE du 13 au 17 mars 2017

	LUNDI	MARDI	JEUDI	VENDREDI
Entrées au choix	Velouté de champignons [Red X] [Green X] [Blue X] [Yellow]	Pomelos [Red] [Green X] [Blue] [Yellow]	Terrine de campagne [Red X] [Green] [Blue] [Yellow X]	Tarte aux légumes maison [Red] [Green X] [Blue] [Yellow]
	Thon mayonnaise [Red X] [Green] [Blue] [Yellow X]	Endive au surimi [Red X] [Green] [Blue] [Yellow]	Salade coleslow [Red] [Green X] [Blue] [Yellow X]	
Plat garni	Aiguillette de poulet [Red X] [Green] [Blue] [Yellow]	Escalope de dinde à la crème [Red X] [Green] [Blue] [Yellow X]	Chili con carné [Red X] [Green X] [Blue] [Yellow]	Calamars à la romaine [Red X] [Green] [Blue] [Yellow]
	Ratatouille [Red] [Green X] [Blue] [Yellow]	Rösti aux légumes [Red] [Green X] [Blue] [Yellow]	Riz [Red] [Green] [Blue X] [Yellow]	Chou-fleur béchamel [Red] [Green X] [Blue] [Yellow]
salade	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]
Produit laitier	Fromage [Red] [Green] [Blue] [Yellow X]	Fromage [Red] [Green] [Blue] [Yellow X]	Fromage [Red] [Green] [Blue] [Yellow X]	Fromage [Red] [Green] [Blue] [Yellow X]
Dessert	Beignet au chocolat [Red] [Green] [Blue X] [Yellow X]	Banane [Red] [Green X] [Blue] [Yellow]	Panna cotta [Red] [Green] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Blue] [Yellow]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire