

MENUS DE LA SEMAINE du 10 AU 14 OCTOBRE 2016

	LUNDI	MARDI	JEUDI	VENDREDI
Entrées au choix	Salade piémontaise [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Salade de chou LOCAL BIO [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Velouté poireaux pomme de terre [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Œuf mayonnaise [Red] [Green] [Brown] [Blue] [Yellow] [Orange]
	Taboulé [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Carottes râpées [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Salade de pâtes au surimi [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	
Plat garni	Escalope viennoise [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Sauté de dinde colombo [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Cuisse de poulet rôti [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Filet de merlu sauce citron [Red] [Green] [Brown] [Blue] [Yellow] [Orange]
	Haricots verts [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Purée [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Printanière de légumes [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Semoule au beurre [Red] [Green] [Brown] [Blue] [Yellow] [Orange]
salade	Salade verte [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Salade verte [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Salade verte [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Salade verte [Red] [Green] [Brown] [Blue] [Yellow] [Orange]
Produit laitier	Fromage [Red] [Green] [Brown] [Blue] [Yellow] [Orange]		Fromage [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Fromage [Red] [Green] [Brown] [Blue] [Yellow] [Orange]
Dessert	Flanby au caramel [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Fromage blanc et son coulis / biscuit [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Donut [Red] [Green] [Brown] [Blue] [Yellow] [Orange]	Fruits [Red] [Green] [Brown] [Blue] [Yellow] [Orange]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire