

MENUS DE LA SEMAINE du 21 AU 25 NOVEMBRE 2022

	LUNDI - Végétarien	MARDI	JEUDI	VENDREDI
Entrées au choix	Velouté de butternut [Red X] [Green X] [Blue X] [Yellow X]	Tortillas au poulet [Red X] [Green X] [Blue X] [Yellow]	Duo de crudités [Red X] [Green] [Blue] [Yellow]	Tarte fine provençale [Red X] [Green X] [Blue X] [Yellow]
	Macédoine mayonnaise [Red X] [Green X] [Blue] [Yellow X]	Terrine de campagne [Red X] [Green] [Blue] [Yellow X]	Saucisson à l'ail [Red X] [Green] [Blue] [Yellow X]	
Plat garni	Feuilleté aux légumes [Red X] [Green X] [Blue] [Yellow]	Palette à la diable [Red X] [Green] [Blue] [Yellow]	Croziflette [Red X] [Green X] [Blue X] [Yellow]	Poisson pané [Red X] [Green X] [Blue] [Yellow]
	Poêlée de céréales légumineuses [Red] [Green X] [Blue] [Yellow]	Pomme dauphine [Red] [Green X] [Blue] [Yellow]		Carottes à la crème [Red X] [Green X] [Blue] [Yellow]
salade	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]
Produit Laitier	Fromage [Red] [Green] [Blue X] [Yellow]	Fromage [Red] [Green] [Blue X] [Yellow]	Yaourt nature sucrée [Red] [Green] [Blue X] [Yellow]	Fromage [Red] [Green] [Blue X] [Yellow]
Dessert	Lingot créole [Red] [Green] [Blue X] [Yellow X]	Fruit de saison [Red X] [Green] [Blue] [Yellow]	Tartelette Mont Blanc maison [Red] [Green] [Blue] [Yellow X]	Fruit de saison [Red X] [Green] [Blue] [Yellow]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire