

MENUS DE LA SEMAINE du 18 au 22 novembre 2019

	LUNDI	MARDI	JEUDI - <i>MENU VÉGÉTARIEN</i>	VENDREDI
Entrées au choix	Velouté de courgettes à la vache qui rit [Red X] [Green X] [Brown X] [Blue] [Yellow]	Terrine de campagne [Red X] [Green] [Brown] [Blue] [Yellow X]	Salade coleslaw [Red] [Green X] [Brown] [Blue] [Yellow]	Terrine de saumon fumé [Red X] [Green X] [Brown] [Blue] [Yellow]
	Duo de crudités [Red X] [Green] [Brown] [Blue] [Yellow]	Tartine de sardine [Red X] [Green X] [Brown] [Blue] [Yellow X]	Salade de céréales au cranberries [Red] [Green X] [Brown] [Blue] [Yellow]	
Plat garni	Boulettes de viande [Red X] [Green] [Brown] [Blue] [Yellow]	Paupiette de veau [Red X] [Green] [Brown] [Blue] [Yellow]	Omelette au fromage [Red] [Green] [Brown X] [Blue] [Yellow]	Gratin de poisson [Red X] [Green] [Brown] [Blue X] [Yellow]
	Pâtes au beurre [Red] [Green] [Brown X] [Blue] [Yellow]	Poêlée méridionale [Red] [Green X] [Brown X] [Blue] [Yellow]	Ratatouille [Red] [Green X] [Brown] [Blue] [Yellow]	Semoule au beurre [Red] [Green] [Brown X] [Blue] [Yellow]
salade	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Produit laitier	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Yaourt nature sucré [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]
Dessert	Crème vanille/biscuit [Red] [Green] [Brown X] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]	Tartelette aux poires [Red] [Green X] [Brown X] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]

- VIANDE, POISSON, ŒUF (protéines)
- LEGUMES ET FRUITS (fibres)
- CEREALES ET DERIVES (glucides)
- PRODUITS LAITIERS
- MATIERES GRASSES (lipides)
- SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER  
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire