

MENUS DE LA SEMAINE du 23 AU 27 SEPTEMBRE 2019

	LUNDI	DUATHLON	JEUDI	VENDREDI
Entrées au choix	Roulé jambon macédoine [Red X] [Green X] [Brown X] [Blue] [Yellow X]	Assiette de melon [Red] [Green X] [Brown] [Blue] [Yellow]	Saucisson sec [Red X] [Green] [Brown] [Blue] [Yellow]	Panibus au fromage [Red] [Green X] [Brown X] [Blue] [Yellow]
	Salade de perles marines [Red] [Green] [Brown X] [Blue] [Yellow]	Salade d'avocat [Red] [Green X] [Brown X] [Blue] [Yellow]	Saucisson à l'ail [Red X] [Green] [Brown] [Blue] [Yellow]	
Plat garni	Saucisse de Toulouse [Red X] [Green] [Brown] [Blue] [Yellow]	Boule de bœuf à la tomate [Red X] [Green] [Brown] [Blue] [Yellow]	Potatoes burger [Red X] [Green X] [Brown] [Blue] [Yellow]	Calamars à la romaine [Red X] [Green] [Brown] [Blue] [Yellow]
	Haricots blancs [Red] [Green] [Brown X] [Blue] [Yellow]	Pâtes [Red] [Green] [Brown X] [Blue] [Yellow]	Courgettes gratinées BIO [Red] [Green X] [Brown] [Blue] [Yellow]	Riz safrané [Red] [Green] [Brown X] [Blue] [Yellow]
salade	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Produit laitier	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]
Dessert	Compote / biscuit [Red] [Green X] [Brown] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]	Gâteau de riz [Red] [Green X] [Brown X] [Blue X] [Yellow]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire