

MENUS DE LA SEMAINE du 10 au 14 OCTOBRE 2022

	LUNDI - Végétarien	MARDI	JEUDI	VENDREDI
Entrées au choix	Velouté de butternut [Red X] [Green X] [Blue X] [Yellow X]	Tortillas au poulet [Red X] [Green X] [Blue X] [Yellow]	Saucisson à l'ail [Red X] [Green] [Blue] [Yellow X]	Terrine au thon maison [Red X] [Green] [Blue] [Yellow X]
	Tomate mozzarella [Red X] [Green] [Blue X] [Yellow]	Champignons à la crème [Red X] [Green] [Blue X] [Yellow]	Salade coleslaw [Red X] [Green] [Blue] [Yellow X]	
Plat garni	Crêpe au fromage [Red] [Green X] [Blue X] [Yellow]	Raviolis gratinés [Red X] [Green X] [Blue X] [Yellow]	Sauté de poulet basquaise [Red X] [Green X] [Blue] [Yellow]	Poisson pané [Red X] [Green X] [Blue] [Yellow]
	Courgettes gratinées [Red X] [Green] [Blue X] [Yellow]		Riz andalou [Red] [Green X] [Blue] [Yellow]	Pomme rösti [Red] [Green X] [Blue] [Yellow]
salade	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]
Produit Laitier	Fromage [Red] [Green] [Blue X] [Yellow]	Fromage blanc sucré [Red] [Green] [Blue X] [Yellow]	Fromage [Red] [Green] [Blue X] [Yellow]	Fromage [Red] [Green] [Blue X] [Yellow]
	Dessert			
	Crème caramel ou compote [Red X] [Green] [Blue X] [Yellow X]	Fruit de saison [Red X] [Green] [Blue] [Yellow]	Roulé pâtissier [Red] [Green] [Blue X] [Yellow X]	Fruit de saison [Red X] [Green] [Blue] [Yellow]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire