

MENUS DE LA SEMAINE du 8 AU 12 OCTOBRE 2018 - Semaine du goût

RESTAURATION SCOLAIRE, COLLEGE DE LA TREZENCE

	LUNDI	MARDI	REPAS BASQUE	VENDREDI
Entrées au choix	Taboulé [Red X] [Green X] [Blue] [Yellow]	Salade coleslow [Red] [Green X] [Blue] [Yellow]	Pâté basque [Red X] [Green] [Brown] [Blue X] [Yellow]	Quiche tomate/chèvre [Red] [Green X] [Blue X] [Yellow]
	Velouté champignons [Red] [Green X] [Brown X] [Blue X] [Yellow]	Thon mayonnaise [Red] [Green] [Blue X] [Yellow X]		
Plat garni	Cordon bleu [Red X] [Green] [Brown] [Blue] [Yellow]	Sauté de porc à la moutarde [Red X] [Green] [Brown] [Blue] [Yellow]	Lomo [Red X] [Green] [Brown] [Blue] [Yellow]	Filet de merlu sauce hollandaise [Red X] [Green] [Brown] [Blue] [Yellow]
	Haricots verts [Red] [Green X] [Brown] [Blue] [Yellow]	Poêlée campagnarde [Red] [Green X] [Blue X] [Yellow]	Pommes au four / pimientos [Red] [Green] [Blue X] [Yellow]	Riz safrané [Red] [Green X] [Blue] [Yellow]
salade	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Produit laitier	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Yaourt nature [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage basque [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]
Dessert	Petit suisse chocolat/biscuit [Red] [Green] [Brown X] [Blue X] [Yellow X]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]	Gâteau basque à la cerise [Red] [Green] [Brown X] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]

- [Red] VIANDE, POISSON, ŒUF (protéines)
- [Green] LEGUMES ET FRUITS (fibres)
- [Brown] CEREALES ET DERIVES (glucides)
- [Blue] PRODUITS LAITIERS
- [Yellow] MATIERES GRASSES (lipides)
- [Orange] SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire