

MENUS DE LA SEMAINE du 5 AU 9 NOVEMBRE 2018

	LUNDI	MARDI	REPAS BASQUE	VENDREDI
Entrées au choix	Velouté de légumes [Red X] [Green X] [Blue X] [Yellow]	Thon mayonnaise [Red X] [Green] [Blue] [Yellow X]	Tomate fêta [Red X] [Green] [Blue X] [Yellow]	Feuilleté au fromage [Red] [Green X] [Blue X] [Yellow]
	Macédoine mayonnaise [Red] [Green X] [Blue X] [Yellow X]	Carottes râpées [Red] [Green X] [Blue] [Yellow]	Salade d'endives [Red] [Green X] [Blue] [Yellow]	
Plat garni	Aiguillette de poulet [Red X] [Green] [Blue] [Yellow]	Sauté de dinde sauce khébab [Red X] [Green] [Blue] [Yellow]	Lasagnes maison [Red X] [Green X] [Blue] [Yellow X]	Calamar à la romaine [Red X] [Green] [Blue] [Yellow]
	Ratatouille [Red] [Green X] [Blue] [Yellow]	Rösti de légumes [Red] [Green X] [Blue X] [Yellow]		Carottes à la crème [Red] [Green X] [Blue X] [Yellow]
salade	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]	Salade verte [Red] [Green X] [Blue] [Yellow]
Produit laitier	Fromage [Red] [Green] [Blue X] [Yellow]	Fromage [Red] [Green] [Blue X] [Yellow]	Yaourt nature [Red] [Green] [Blue X] [Yellow]	Fromage [Red] [Green] [Blue X] [Yellow]
Dessert	Cocktail de fruits / Biscuit [Red] [Green X] [Blue X] [Yellow]	Fruit de saison [Red] [Green X] [Blue] [Yellow]	Mousse au chocolat [Red] [Green] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Blue] [Yellow]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire