

MENUS DE LA SEMAINE du 2 AU 6 NOVEMBRE 2020

	LUNDI	MARDI- MENU VÉGÉTARIEN	JEUDI	VENDREDI
Entrées au choix	Velouté de courgettes à la vache qui rit [Red X] [Green X] [Brown X] [Blue] [Yellow]	Cèleri remoulade [Red] [Green X] [Brown] [Blue] [Yellow X]	Carottes râpées [Red] [Green X] [Brown] [Blue] [Yellow]	Croque monsieur [Red X] [Green X] [Brown X] [Blue] [Yellow]
	Thon mayonnaise [Red X] [Green] [Brown] [Blue] [Yellow X]	Concombre à la crème [Red] [Green X] [Brown] [Blue] [Yellow]	Tomate vinaigrette [Red] [Green X] [Brown] [Blue] [Yellow X]	
Plat garni	Aiguillette de poulet [Red X] [Green] [Brown] [Blue] [Yellow]	Omelette au fromage [Red X] [Green] [Brown] [Blue X] [Yellow]	Lasagnes maison [Red X] [Green X] [Brown X] [Blue] [Yellow]	Poisson pané [Red X] [Green] [Brown] [Blue] [Yellow]
	Petits pois [Red] [Green] [Brown X] [Blue] [Yellow]	Ratatouille [Red] [Green X] [Brown] [Blue] [Yellow]		Carottes à la crème [Red] [Green X] [Brown] [Blue X] [Yellow]
salade	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Produit laitier	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Yaourt nature sucré [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]
Dessert	Compote/biscuit [Red] [Green X] [Brown] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]	Crème caramel maison [Red] [Green] [Brown] [Blue X] [Yellow X]	Fruit de sasion [Red] [Green X] [Brown] [Blue] [Yellow]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire