

MENUS DE LA SEMAINE du 10 AU 14 DECEMBRE 2018

	LUNDI	MARDI	JEUDI	VENDREDI
Entrées au choix	Tomate/œuf dur [Red X] [Green X] [Brown] [Blue] [Yellow]	Velouté au butternut [Red] [Green X] [Blue X] [Yellow]	Maquereau à la tomate [Red X] [Green X] [Brown] [Blue] [Yellow]	Quiche maison [Red X] [Green X] [Blue X] [Yellow]
	Pâté en croûte [Red] [Green] [Brown X] [Blue] [Yellow]	Macédoine mayonnaise [Red] [Green X] [Blue X] [Yellow X]	Endive surimi [Red X] [Green X] [Brown] [Blue] [Yellow]	
Plat garni	Spaghettis bolognaise [Red X] [Green X] [Brown] [Blue] [Yellow]	Pilon de poulet rôti [Red X] [Green] [Brown] [Blue] [Yellow]	Chicken burger [Red X] [Green X] [Blue X] [Yellow]	Filet de poisson sauce armoricaine [Red X] [Green] [Brown] [Blue] [Yellow]
		Beignet de courgettes [Red] [Green X] [Blue X] [Yellow X]	Frites [Red] [Green] [Blue X] [Yellow X]	Gratin de chou-fleur/pomme de terre [Red] [Green X] [Blue X] [Yellow]
salade	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]	Salade verte [Red] [Green X] [Brown] [Blue] [Yellow]
Produit laitier	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]	Yaourt nature [Red] [Green] [Brown] [Blue X] [Yellow]	Fromage [Red] [Green] [Brown] [Blue X] [Yellow]
Dessert	Danette au caramel [Red] [Green] [Brown] [Blue X] [Yellow X]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]	Roulé poire/chocolat maison [Red] [Green X] [Brown] [Blue] [Yellow X]	Fruit de saison [Red] [Green X] [Brown] [Blue] [Yellow]

[Red]	VIANDE, POISSON, ŒUF (protéines)
[Green]	LEGUMES ET FRUITS (fibres)
[Brown]	CEREALES ET DERIVES (glucides)
[Blue]	PRODUITS LAITIERS
[Yellow]	MATIERES GRASSES (lipides)
[Orange]	SUCRES ET PRODUITS SUCRES



Le Principal

La Gestionnaire

Philippe VILLERS

Morgane STEFANKA

Menus réalisés par le Chef Cuisinier Bernard LAUGIER
Menus rédigés par la Secrétaire de Direction Murielle BONNET

Menus validés par le Principal et la Gestionnaire