



## Championnat du monde jour 2 : premiers entrainements

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Le programme de la journée :

**Athletics** Póvoa de Varzim - 7<sup>th</sup> to 12<sup>th</sup> JULY

**Tuesday 9<sup>th</sup> JULY 2019 - Individual Competition**

TIME	EVENT	GENDER	CALL ROOM	ENTRY TO THE TRACK
9.30	LONG JUMP	Men	8.50 - 8.58	9.00
	SHOT PUT	Women	9.00 - 9.08	9.10
11.00	LONG JUMP	Women	10.30 - 10.38	10.40
	SHOT PUT	Men		
12.15	100 m Heats	Men	12.00 - 12.08	12.10
12.25	100 m Heats	Women	12.10 - 12.18	12.20
12.30	VICTORY CEREMONY - SHOT PUT AND LONG JUMP			
12.45	100 m Final	Men + Women	12.30 - 12.38	12.40
13.00	VICTORY CEREMONY - 100 meters			

**Thursday 11<sup>th</sup> JULY 2019 - Team Competition**

TIME	EVENT	GENDER	CALL ROOM	ENTRY TO THE TRACK
9.30	LONG JUMP	Men	8.50 - 8.58	9.00
	SHOT PUT	Women	9.00 - 9.08	9.10
10.50	LONG JUMP	Women	10.20 - 10.28	10.30
	SHOT PUT	Men		
11.50	100 m Heats	Men	11.35 - 11.43	11.45
12.00	100 m Heats	Women	11.45 - 11.53	11.55
12.20	VICTORY CEREMONY			

Le petit déjeuner....





Premiers entrainements sur le stade :









ATHLETICS BOCCIA GOALBALL



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7 - 12 JULY . JULHO

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